

October 2025

Harrogate & District Branch

Newsletter

News for all affected by Parkinson's

Branch Social Meetings (next is this Tuesday)

Speakers have been arranged for the meetings for the rest of this year as follows:

- 14 October, Gaynor Porter, Epic bike ride
- 11 Nov, Harrogate's Mayor and Mai Mutch.
- The December meeting will be a Christmas meal out (see below 9 December)

The Life Scientific

Read about some fascinating research into Parkinson's . . . <https://www.bbc.co.uk/sounds/play/m002jf25?partner=uk.co.bbc&origin=share-mobile>

BeechBand

Some developments and improvements announced on the BeechBand Facebook page

<https://www.facebook.com/search/top/?q=beechband>

- quieter operation
- longer-lasting battery (presently <3 hours on one charge)
- led lights for charging, and "much more" the announcement says.

No price yet, but it will be discounted for those that purchased the original. This new edition is being launched on 10th November 2025 with "significant improvements".

Christmas Meal

John contacted The Walshford Bridge Hotel and negotiated the following :

Date	9th December
Time	12.30 – 1.00 - to be decided
What	a silver service 3 course meal
Cost	was £35 but we have a discount down to £28 per head

This is based on up to 60 attending. If we can get more they will consider further discount. John vouches for the culinary quality, having dined there on a number of occasions.

Free confidential helpline

0808 800 0303

Monday to Friday 9am–7pm, Saturday 10am–2pm (interpreting available)

NGT Relay 18001 0808 800 303

(for textphone users only)

Parkinson's UK, 50 Broadway, London SW1H 0DB

hello@parkinsons.org.uk

parkinsons.org.uk

Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A registered charity in England and Wales (258197) and in Scotland (SC037554).

Parkinson's UK, 50 Broadway, London SW1H 0DB

To UNSUBSCRIBE from these mailings at any time simply email me. Conversely, if you know anyone who would like to receive them please pass on my email address to them. All email addresses remain private and secure.

David

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