

HARROGATE & DISTRICT PARKINSON'S MAY 2025 NEWSLETTER

1. **Committee Meeting** Monday 12 May 10am in the Library.
2. **Branch Meeting** Tuesday 13 May at the Masonic Hall, Harrogate.

3. **Snake Davis, Saxophonist, Ripley Live 19th July 2025**

Harrogate Parkinson's annual fundraiser at Ripley Live will see the return of the saxophonist, Snake Davis and his band. As usual, the concert proceeds will be used to support local people with Parkinson's and their families.

Snake Davis has played with some of the biggest names in contemporary music. He has toured the world with various people such as Annie Lennox and Dave Stewart and also played with James Brown, Paul McCartney, George Michael and Tina Turner amongst many others.

Harrogate Parkinson's continue to use music events for their fund-raising, to help encourage everyone' to exercise, it's all about 'use it or lose it'. Parkinson's believe movement and everything to do with mobility are issues that face everyone as they become 'more mature'. So, they invite you to come along, stamp your feet and clap your hands to a seasoned veteran in Snake Davis.

Doors open at 7.00 PM for 8.00PM start

This event is all seated and tickets are available from Ripley Live - £20 + 99p booking fee

4. Please note that **John has changed his email address**, which is now John.sheepy@my-mail.uk and information@parkinsonsharrogate.co.uk

5. Table Tennis England **YouTube Video** featuring our Ping Pong coach George Chan highlighting The benefits of Table Tennis For PwP (People living with Parkinson's) <https://www.youtube.com/watch?v=ZG4zdzewKnQ>. All family and friends are welcome to 'Bat and Chat' Harrogate Racquets Club 1st & 3rd Wednesday Each Month 1:30 – 3pm Contact: Sarah Jackson
Email: tabletennis@harrogateracquetsclub.co.uk Tel: 07815 193015

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